

Soulkofa

(917) 966-2476 — 235 RALPH AVENUE BROOKLYN NY 11233 —  @SOULKOFA

ASK ABOUT OUR GLUTEN-FREE OPTIONS

BREAKFAST

- 1. Tofu Scramble.....\$7**
Extra firm tofu, with veggies, herbs on a multigrain sliced bread.
- 2. Bacon Egg & Cheese..... \$7**
Vegan bacon, vegan eggs, & vegan cheese on a roll.
- 3. Soulkofa Triple Stack Pancake.....\$8**
Three pancakes with organic maple syrup and fresh fruit.
- 4. Hash Browns..... \$4**
Homemade golden brown grilled Idaho potatoes.
- 5 Oatmeal..... \$5**
*Steel Cut oats with almond milk cinamon and nutmeg.
Instant Oats with Soy Milk or Almond Milk with Spices.*
- 6. Toast with Avocado.....\$7**
Crunchy Toast with Avocado spread with spices.

ADD ONS
\$2.00 each

*Granola
Mushrooms
Peppers
Banana
Blueberries
Cinnamon
Toast
Cheese
Just egg
Bacon
Strawberries*

LUNCH

- 1. Soulkofa B.L.T.....\$7**
Vegan bacon, lettuce, tomatoes, & vegan mayo
- 2. Soulkofa Tuna Salad.....\$7**
Chicpea, seaweed, vegan mayo, spices.
- 3. Black Bean Burger..... \$7**
Black beans, onion, garlic and tomatoes on a bun.
- 4. Chick'n Nugget Hero.....\$8**
Spicy vegan chick'n, lettuce, vegan mayo, pickles.
- 5. Soulkofa Burger..... \$8**
*Plant based burger, spices, lettuce, tomato, special sauce,
served on a bun.*
- 6. Portabella Burger..... \$7**
Portobello mushroom, onions, garlic, Lemonaioli.
- 7. Soulkofa Sausage..... \$7**
Vegan sausages, onions pepper, cilantro aioli, guacmoli

SIDES

- Hand Cut Fries \$3/5**
Yam, potato, or cassava
- Side Salad \$4**
House picked fresh garden salad
- Patties \$3/4**
*Fresh flaky handmade patties
(Ackee, kale, beef, chicpea & potato)*
- 2 piece Fried Chick'n \$5**
Crispy vegan chick'n
- 3 Chick'n Nuggets \$6**
Crispy vegan chick'n nuggets
- Fried Plaintains \$4**
- Barbeque Tofu \$6**
- General Tso's Tofu \$6**
- Mac and cheese \$5**

ADD ONS

*Bacon \$2
Sauces \$1 ea :
Cilantro ailo
Soulkofa special sauce
Lemon ailoa
Pickels
Tomato jam
Lettuce
Tomato
Cheese \$2
Guacamole \$3
Soulkofa burger \$4
Black bean pattie \$4*

MON - SAT 8AM - 8PM / SUNDAY 10AM - 6PM
SOULKOFA@GMAIL.COM / WWW.SULKOFA.NET

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DINNER

All dinners come w choice of 1veg 1starch

Stew Chick'n Dinner.....\$9Lrg \$ 11

Tender brown stewed vegan chick'n drenched in a rich and thick gravy.

Fried Chick'n Dinner.....\$9.....Lrg \$ 11

Golden brown, crispy tender vegan chick'n fried in a seasoned batter

Mock Oxtail Dinner.....\$ 10Lrg \$ 12

Succulent, tender braised jackfruit served with pepper, carrot, savory red potatoes & sweet butter beans.

Jerk Chick'n Dinner.....\$ 9Lrg \$ 11

Tender jerk seasoned vegan chick'n

Fish Dinner.....\$ 10Lrg \$ 12

Made from celery root or soy.

PIZZA

SLICE 12" in 16" in

Soulkofa Slice.....\$3.....\$15.....\$20

Vegan mozzarella with housemade marinara

Mighty Man\$6.....\$18.....\$25

Pineapple, red peppers, green peppers, red onion, jerk chicken & vegan mozzarella, spices.

Green Goddess.....\$4.....\$15.....\$25

Spinach, onions, thyme, parsley, garlic, basil, scallions, mozzarella.

Blanco Pie.....\$4.....\$16.....\$21

Vegan mozzarella, alfredo sauce, fresh basil, sliced tomatoes.

Add your own toppings \$2

Extra cheese, peppers, plant based meat, sliced tomatoes, garlic, spinach, kale, vegan sausage.

DESSERT

Vegan Cake (1 Slice).....\$5

*100% Vegan Cake
(Red Velvet, Carrot, Chocolate)*

Banana Pudding\$6

100% Vegan Banana Pudding

Ice Cream (1 Scoop).....\$2

*Dairy-Free Soy Ice Cream
(French Vanilla, Mint Chocolate Chip, Oat Ice Cream, Pineapple, Oreos)*

Starches

Rice and Peas.....\$4

*Aromatic traditional Jamaican side dish.
Seasoned with thyme, garlic, and a blend of spices.*

White / Brown Rice.....\$4

Perfectly steamed rice

Mac & Cheese.....\$5

Creamy vegan mac and cheese

Veggies

Steamed Cabbage & Pepper Carrot.....\$4

Steamed cabbage with carrots salt, pepper, garlic, sautéed w vegan butter

Fried Okra.....\$4

SOUP

Medium \$6 Large \$9

MONDAY & TUESDAY

Ital Soup

Yellow yams, carrots, potatoes, sweet plantains, celery, ginger, black-eyed peas, garlic, kale, & dumplings.

WEDNESDAY & THURSDAY

Vegetable Soup

Carrot, celery, onions, beans, pumpkin potatoes, corn.

FRIDAY & SATURDAY

Red Pea Soup

Red kidney beans, scotch bonnet, peppers, potatoes, coconut milk dumplings, herbs & spices

LUNCH SPECIALS 12-3PM

**BUY 2 Smoothies
get 1 Juice 50% off!**

2 Soulkofa Slices for 5\$!

2 Piece Chick'n and fries 6\$!

2 Patties for 6\$!

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FRESH JUICES

Small (16 oz) \$8 • Large (20 oz) \$10
Make your own juice - Choose 3 options
Add ons \$3

1- Healthy Bone Tonic

Carrot, Apple, Celery, Parsley

2- Body Cleaners

Carrot, Apple, Beet, Ginger

3- Green Juice

Spinach, Kale, Parsley,
Cucumber, apple, ginger

4- Blood Regeneration

Celery, Beet, Carrot

5- Moon Cycle

Pineapple, Ginger, Apple, Carrot

6- Cold Killer

Carrot, Parsley, Ginger, Garlic

7- Headache Ease

Carrot, Celery, Parsley

8- Diabetes

Carrot, Celery, Parsley

9- Indigestion

Carrot, Cabbage, Beet

10- Asthma

Carrot, Celery, Grapefruit

11- Constipation

Carrot, Spinach, Apple

12- Kidneys

Carrot, Beet, Celery

13- Healthy Heart

Carrot, Orange, Apple, Beets

14- Detox

Apple, Cucumber, Kale
Lemon, Celery, Ginger

15- Green Weight Loss

Green Apple,
Cucumber, Celery, Kale,
Lemon, Ginger

16- Colon Purge

-Celery Juice
-Wheat grass Juice
-Spinach Juice
-Cabbage Juice
-Parsley or Alfalfa Sprouts Juice

17- Tumeric Tonic

-Cucumber, carrot, apple,
lemon, tumeric.

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FRESH JUICES (\$3.50)

Sorrel (Hibiscus) • Mauby • Passion Fruit
Orange Juice • Apple Juice • Pineapple • Ginger

ALKALINE WATER (\$2.00)

ORGANIC TEAS & COFFEE (\$2.50)

Green Tea • Lemon Grass • Peppermint • Ginger • Black Tea

SMOOTHIES

SMALL (16 OZ) \$8 • LARGE (20 OZ) \$10

Make your own choose 3 - Add ons \$.50 ea.

Plant Based Protein Powder - Choice of oat, coconut water, almond or soy milk.

1- Kofa Power

Oats, Protein Powder,
Peanut Butter, Agave, Almond Milk

2- Banana Banzana

Banana, Oats, Spices, Vanilla, Agave

3- Kofa Moss

Honey or Agave, Almond Milk, Granola,
Protein, Oats, Pumpkin Seeds, Seamoss, Banana,
Oat or Almond Milk

4- Immune Special \$10 sm, \$13 Large

Strawberry, Blueberry, Vit-C
Grapefruit Agave, Tumeric,
Coconut Water or Alkaline water

5- SoulKofa Berry

Cranberry, Blackberry, Raspberry

6- SoulKofa Smoothie

Strawberry, Banana

7- Healthy Eyes

Blueberries, Raspberries,
Blackberries, Strawberries,
Agave, Coconut Water

8- Tropical Blend

Mango, Pineapple,
Banana, Apple Juice

9- Energy

Workout Boost
Banana Granola,
Protein Powder,
Peanut Butter

10- Choca Chocolate

Peanut Butter, Cocoa,
Banana, Cinnamon
almond or Oat Milk

11- Papaya Spice

Papaya, Nutmeg,
Cinnamon, Vanilla, Agave,
Oat or Almond milk

12- Green Smoothie

Kale, Spinach, Mango,
Banana, Coconut water

13- Male Energy \$11 sm, \$14 large

Banana, Peanut Butter, Protein Powder, Granola, Bee Pollen, Pumpkin Seeds,
Molasses, Sea Moss, Yohimbe, Ginseng, Ginko, Baji, Spirulina, Cashew

14- Female Vitality \$11 sm, \$14 large

Soy Protein, Bee Pollen, Lecithin, Molasses,
Spirulina, Maca, Vitamin C, Kava Kava, Ginkgo Balboa, Ginger

15- Ra Tonic \$11 or \$14

Cashew, Pumpkin seeds,
Ginkgo, Flax seeds,
Granola, Oats, Sea Moss,
Spirulina, Almond butter or
Peanut Butter.

16- Sleep Tight

Apple Juice, Almonds
Banana, Wheat Germ,
Brewers Yeast,
Honey, Pure Water

17- Stress

Banana, Strawberry, Peach

16- Liver Purge

Grapefruit, Lemon, Olive Oil, Vitamin C,
Apple Juice or Water

SHOTS (\$4)

Wheat Grass • Ginger • Cayenne (Lime & Agave) • Immune Shot (Cayenne, Ginger & Lemon)

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